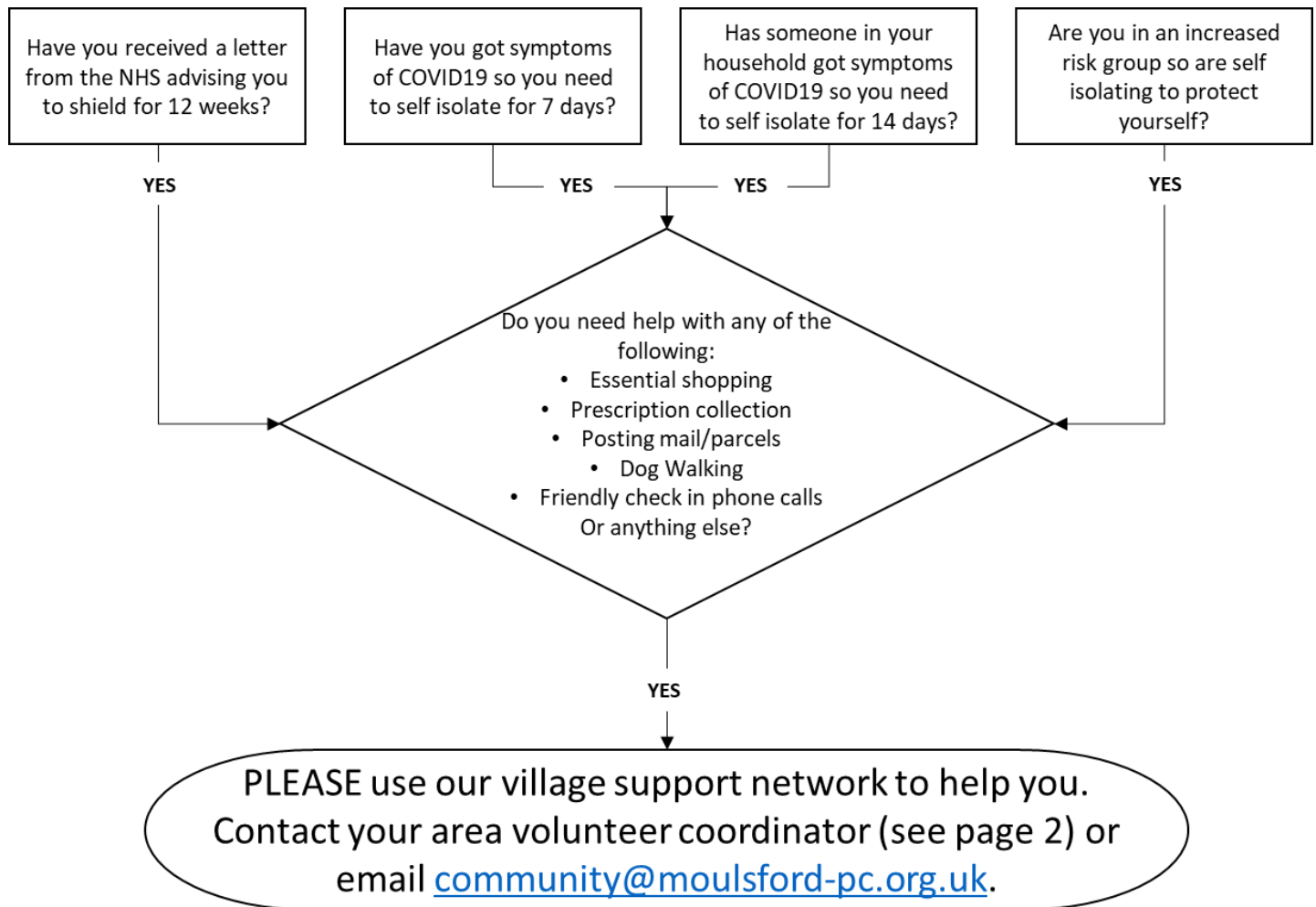




# MOULSFORD VILLAGE SUPPORT NETWORK NEWSLETTER

## HERE TO HELP EVERYONE THROUGH THE COVID-19 CRISIS



Dear Neighbour,

I hope you will find this newsletter a welcome addition to our community at this very extraordinary time. It is my intention to ensure everyone in our village knows how to get support when they need it during the challenging circumstances we have never seen before.

As well as supporting those in need, I hope that the continuation of newsletters will keep you informed as well as giving you some enjoyment.

Since last writing, I can report that we now have a team of 50 volunteers in the village all ready to provide support where it is needed. We have already fulfilled 37 requests in two weeks, shopping and prescription collections being the most regular requests to date.



I would like to give my thanks to everyone who is offering support at this time, it is heart-warming to know within our community we have such a strong support network to help each other in such unprecedented circumstances.

You should have all received direct contact from the volunteer coordinator looking after your area, so if you need any assistance at all PLEASE contact them. Rest assured they are not mangling the requests alone, our team of volunteers across the entire village is split into teams to give full support to each area. If you are not sure who to contact, please see the details below.

Please remember the social distancing rules: keep a 2m distance from people outside your household at all times; wash your hands frequently. Delivered items will be left on your doorstep (or agreed safe place) . Ensure you wash your hands after giving or receiving deliveries.

If you have any questions about the village support network, or would like to join it as a volunteer, please contact me on [community@moulsford-pc.org.uk](mailto:community@moulsford-pc.org.uk) or 07812 601975.

Keep well and stay safe

Bernadette Sachse

VOLUNTEER COORDINATOR CONTACT DETAILS			
Area	Contact	Tel No	Email
Cow Lane Greenlands Sowberry Ferry Lane	Linda & Daryl Dixon	07919 380620	<a href="mailto:ldixon274@gmail.com">ldixon274@gmail.com</a>
Underhill (Hillside to No.32)	Jon Haywood	07979 806235	<a href="mailto:jhaywood1975@hotmail.co.uk">jhaywood1975@hotmail.co.uk</a>
Underhill (33-45) North Road Meadow Close	Liz Bennett	07710 901137	<a href="mailto:windsorliz@hotmail.com">windsorliz@hotmail.com</a>
The Street (Underhill to Clock House)	Gemma Hooper	07802 881719	<a href="mailto:gemhoop@hotmail.com">gemhoop@hotmail.com</a>
The Street (Clock House to Old Vic)	Rachel Cairns	01491 652743 07747 444767	<a href="mailto:wyfordcottage@gmail.com">wyfordcottage@gmail.com</a>
Glebe Close The Old Vicarage	Janet & Breyan Knowles	07732 018073 07745 800867	<a href="mailto:breyan@knowles01.com">breyan@knowles01.com</a>
Willow Court Lane	Melanie Mousley Jones	07813 092239	<a href="mailto:melanie@mjcinternational.net">melanie@mjcinternational.net</a>
Offlands Cranford Cottages The Street (Prep school to Cranford entrance)	Paul Sharkey Karen Meynink	07807 878559 07492 903585	<a href="mailto:pms Sharkey1@gmail.com">pms Sharkey1@gmail.com</a> <a href="mailto:karen.meynink@outlook.com">karen.meynink@outlook.com</a>
The Street (Cranford entrance to Old Vic)	Claire Wilson	07976 242956	<a href="mailto:toogood@crownoofficechambers.com">toogood@crownoofficechambers.com</a>
Halfpenny Lane	Catrin Burr	Contact via Bernadette 07812 601975	<a href="mailto:catrinburr@hotmail.com">catrinburr@hotmail.com</a>
Well Barn Estate	Bernadette Sachse	07812 601975	<a href="mailto:community@moulsford-pc.org.uk">community@moulsford-pc.org.uk</a>

# NOTE FROM THE PARISH COUNCIL - Andy Bryan (Chairman)

Welcome to this special COVID-19 edition of Moultsford News. Given the fast-moving nature of this emergency we want to keep everyone in the village as up to date as we can on the preparations that have been made within our community, hence this special edition newsletter.

It is worth making the point that the responsibility for social services and associated care remains with Oxfordshire County Council (OCC) and South Oxfordshire District Council (SODC). The initiatives we have been coordinating within Moultsford are intended to supplement these formal responsibilities. SODC and OCC are keeping us well informed and we are working closely with them to ensure we stay up to date on the latest changes in legal requirements, the provision of support services and local support networks. Our local SODC Councillors Anne-Marie Simpson and Jane Murphy and our local OCC Councillor Mark Gray are doing a great job of communicating with us.

In this edition we are updating you on the different COVID-19 related activities underway in Moultsford. Bernie has provided an update on the neighbourhood support network that she has established along with her enthusiastic team of volunteers. Sarah has started a village diary to provide a timeline of the events during this emergency and Jo is championing a wildlife theme.

On other matters....

- The Parish Council has moved to online meetings using the Zoom technology. Details of how members of the public can access these meetings is included on the published notice of meeting and will be available on the Moultsford Village Facebook site.
- The Pavilion has had to be closed to comply with the latest guidance on dealing with COVID-19 and will re-open when restrictions are lifted.
- The play area on the recreation ground has also had to be closed to comply with government instruction and it should be noted that safety checks will not be carried out on the equipment during this period of closure.

And finally ....

Moultsford's own Postie Brian "Dinga" Bell has found fame (again?)! His t-shirt emblazoned with the logo "2 Metres Please" impressed Ulrika Jonsson so much she posted a photo on Instagram whereupon it was picked up by The Mail Online as a great example of promoting social distancing. What a great example set by our great postman in our battle against Coronavirus!

On behalf of the Parish Council, I would like to wish everyone well through this turbulent time and to encourage you to make use of our community support network should you need it.



With the accumulation of garden waste and no where to easily dispose of it at present, you may be thinking of having a bonfire. Before you do, please consider the impact this may have on others. There may be people in your vicinity suffering with breathing difficulties due to the COVID-19 virus. Oxfordshire County Council have requested that bonfires are not lit during the COVID-19 pandemic. If you still feel having a bonfire is the only option, out of courtesy inform your neighbours you are proposing to have a fire, burn only dry 'clean' wood/ garden waste, do not light bonfires when the wind is likely to blow smoke into neighbours' home or garden and do not leave a bonfire unattended, even if it is just smouldering.

## USEFUL INFORMATION



For up to date information and guidance from the Government please visit:

[www.gov.uk/coronavirus](http://www.gov.uk/coronavirus)



For medical advice about Coronavirus (COVID-19) please visit:

<https://www.nhs.uk/conditions/coronavirus-covid-19/>



### NEW TELEPHONE SUPPORT SERVICE FOR OLDER PEOPLE AND CARERS

A new telephone support service has been launched by Age UK Oxfordshire and Action for Carers Oxfordshire. Its aim is to offer advice and assistance to older people and carers during the course of the virus, providing a friendly weekly telephone call and an opportunity to troubleshoot any issues you may have.

**Call 01865 411288**

Please leave your name and number and we will return your call as soon as possible.



## Coronavirus Isolate your household Stay at home

If you or anyone in your household has a high temperature or a new and continuous cough – even if it's mild

- ✓ Everyone in your household must stay at home for 14 days and keep away from others.
- ✗ DO NOT go to your GP, hospital or pharmacy.
- ✓ Go to NHS.UK to check your symptoms and follow the specialist medical advice. Only call NHS 111 if you can't get online or your symptoms worsen.
- ✓ Protect older people and those with existing health conditions by avoiding contact.

Find out how to isolate your household at [nhs.uk/coronavirus](https://nhs.uk/coronavirus)



Visit <http://www.southoxon.gov.uk/services-and-advice/coronavirus-community-support> to find local council information on the following:

- ⇒ How to get help
- ⇒ Financial support
- ⇒ Support for businesses
- ⇒ How local services have been affected
- ⇒ Support for volunteers



### CORONAVIRUS - SUSPENSION OF SERVICES

**FROM SATURDAY 28TH  
MARCH 2020**

It is with regret that we advise we are suspending all our services from Saturday 28th March 2020 onwards. The numbers travelling have fallen so dramatically that we cannot continue operating, and in any case we feel it is difficult to justify running services when the government is asking everyone not to travel. 'Stay home, save lives'.

Please check our website for news of when we will start operating again, or send an email to [littlebluebus@yahoo.com](mailto:littlebluebus@yahoo.com) and ask to be added to our newsletter mailing list so we can keep you informed that way.

[www.goingforwardbuses.com](http://www.goingforwardbuses.com)

### Waste Collections



Kerbside collections for batteries, small electricals and textiles have been suspended until further notice — please DO NOT put these items in your normal rubbish bins, but keep hold of them until the service resumes.

There may sometime be a delay to your bin collections. If you bin is not emptied on your usual day, leave it out for three days. If still not emptied bring it in and it will be emptied on the next scheduled collection day.

**PLEASE NOTE**—you can view a full colour version of all village newsletters on the village website: <http://www.moulsford-pc.org.uk/community/moulsford-on-thames-15214/2020-editions/>





If you are a Facebook user, please join the new Moultsford Village Support Network page where we will make any village announcements of note and share useful information.



Please be aware that all car parking charges across council run car parks in South and Vale have been suspended until 1st June.

This is to support key workers and those who are shopping for essential food or medical supplies during the Coronavirus pandemic.

### Every Mind Matters

<https://www.nhs.uk/oneyou/every-mind-matters/>



Taking care of your mind as well as your body is really important while staying at home because of coronavirus (COVID-19).

You may feel bored, frustrated or lonely. You may also be low, worried or anxious, or concerned about your finances, your health or those close to you.

It's important to remember that it is OK to feel this way and that everyone reacts differently. Remember, this situation is temporary and, for most of us, these difficult feelings will pass. Staying at home may be difficult, but you are helping to protect yourself and others by doing it.

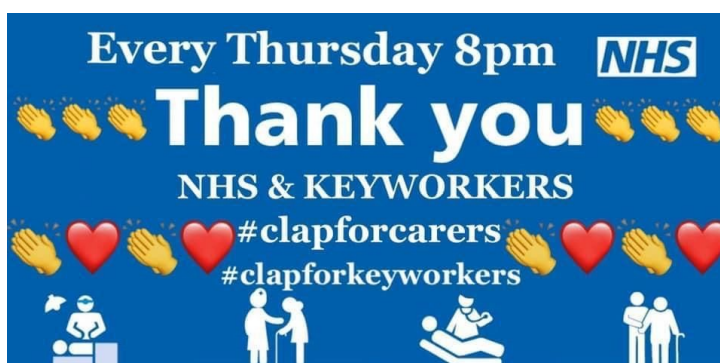
The tips and advice here are things you can do now to help you keep on top of your mental wellbeing and cope with how you may feel while staying at home. Make sure you get further support if you feel you need it.



## UK CORONAVIRUS SCAMS

Get the latest information about coronavirus-related scams here: [actionfraud.police.uk/covid19](https://actionfraud.police.uk/covid19)

Coronavirus related scams are on this rise. Here's where you can get the latest information on how to protect yourself: <https://actionfraud.police.uk/covid19>



### Telephone Buddies

Are you living alone? Could a regular telephone call help with loneliness?

If the answer is yes, please contact our volunteer support network and we can put you in touch with someone to speak to on a regular basis.

Email: [community@moultsford-pc.org.uk](mailto:community@moultsford-pc.org.uk) or call 07812 601975.

Do you have friends and relatives outside of Moultsford who may also need some support during this time?

Covid-19 Mutual Aid UK has been set up by volunteers to connect people throughout the UK to their nearest local support groups.

Visit their website

<https://covidmutualaid.org/local-groups/>

To find details of over 1000 groups now in place in the UK.



# FOR YOUR ENJOYMENT

## WINDOW WONDERLAND

Anyone can join in, our youngest through to our oldest residents. All you need to do is draw a picture linked to the weeks theme and display it in a window that people can see.

When out walking, admire the wonderful pieces of artwork and get your children to see how many they can spot.

You can even share a photo of your masterpieces on the Moultsford Support Network Facebook group.

20 <sup>TH</sup> MARCH	SOMETHING RELATED TO MOTHERS DAY
27 <sup>TH</sup> MARCH	RAINBOWS
3 <sup>RD</sup> APRIL	ANIMALS
10 <sup>TH</sup> APRIL	WEATHER
17 <sup>TH</sup> APRIL	PLACES
24 <sup>TH</sup> APRIL	FACES







*Here is a beautiful example of bringing joy through window art. Credit to Dawn Bainbridge.*



**National Theatre at Home**—enjoy the theatre at home for free!

<https://www.nationaltheatre.org.uk/nt-at-home>

 <p><b>One Man, Two Guvnors</b> Featuring a Tony Award-winning performance from <b>James Corden</b> as Francis Henshall in this hilarious West End and Broadway hit.</p> <p>Streaming now and available until 9 April.</p>	 <p><b>Jane Eyre</b> This bold and innovative reimagining of <b>Charlotte Brontë's</b> masterpiece uncovers one woman's fight for freedom and fulfilment on her own terms.</p> <p>Streaming from 7pm on Thursday 9 April. Available until 16 April.</p>	 <p><b>Treasure Island</b> Robert Louis Stevenson's story of murder, money and mutiny is brought to life in this thrilling stage adaptation. Featuring <b>Arthur Darvill</b> as Long John Silver.</p> <p>Streaming from 7pm on Thursday 16 April. Available until 23 April.</p>	 <p><b>Twelfth Night</b> Where music is the food of love, and nobody is quite what they seem, anything proves possible in Shakespeare's classic comedy. Featuring <b>Tamsin Greig</b> as Malvolia.</p> <p>Streaming from 7pm Thursday 23 April. Available until 30 April.</p>
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Self isolation and social distancing with children can be difficult but going for a walk in the neighbourhood becomes going on a bear hunt as more

homes are putting teddy bears and other stuffed animals where they can be spotted by those passing by. Thank you to **Alison Coll** for sharing the idea, which is now in full swing in the village.



Do you have any articles, stories, photos or useful information suitable for the next issue of the village newsletter? I would love to hear from you. Please get in contact on [moulsfordnews@moulsford-pc.org.uk](mailto:moulsfordnews@moulsford-pc.org.uk). Deadline for the next edition is **Weds 22nd April**.

## MESSAGE FROM OUR VICAR - Andrew Petit

My Dear Friends,

Like many of you, as a church we have been discovering the joys – and frustrations – of meeting on-line and video conference meetings. One of our new on-line meetings is *Early morning prayers* at 7.30am on Mondays, Wednesdays, Thursdays and Fridays. We always used to do this in the church building. Vinny, our black Labrador was one of our most faithful and regular attenders; he clearly knows the Lord's Prayer off by heart, because he would always stand up at the end (knowing that his walk back home across the fields was about to begin)! Meeting on-line has brought in new attenders and it has been very encouraging to pray together and also to find how extraordinarily relevant and helpful the daily Bible readings have been.

A few people have asked me if this Covid-19 epidemic is a judgement from God. It is certainly not a judgement on the individuals who have suffered most severely and I don't believe it is divine retribution on the world either. However, I do believe it is a *consequence* of the way we have lived and the decisions we have made or gone along with as a human race.

One of our daily readings this week has talked about how God sometimes shakes the world so that everything which is built on fragile foundations and is "shakeable" is removed, so we can see what is unshakeable and will truly last. In other words, this shaking is helping us to see what is truly important in our lives.

For many decades, the preoccupation of governments and voters alike has been with economic growth, a higher standard of living, and more to spend and to consume. This crisis has certainly put a stop to that – at least for the time being. As a society we have tended to value most those who are most highly paid, and sadly often by contrast we taken those involved in the caring professions for granted – certainly judging by what most carers get paid. Now we are discovering how grateful we are not just to doctors and nurses but NHS cleaners and porters, carers, shopworkers, dustbin-men and those who make it possible for us to have what we need delivered to our door.

Above all, we have re-discovered the abiding importance of kindness, generosity of spirit, encouragement, friendships and spending time (even if it has to be on-line) with our family and friends.

And for those of us who have faith, however weak or little that might be, perhaps we have discovered just how much we need God to comfort, encourage, strengthen and ultimately rescue us in this time of crisis.

As our posters state, our church buildings may not be open but our church is very much alive. If anyone would like to join us for our Sunday morning online gatherings or *Early morning prayers*, please phone or email me. And even if you don't want to do that, but need a listening ear, please get in touch.

With warmest regards,



Andrew Petit, Vicar of Cholsey & Moulsoford     [andrewpetit@virginmedia.com](mailto:andrewpetit@virginmedia.com)     Tel: 01491 651216

***If you would like pastoral or spiritual support, please do not hesitate to contact Andrew.***

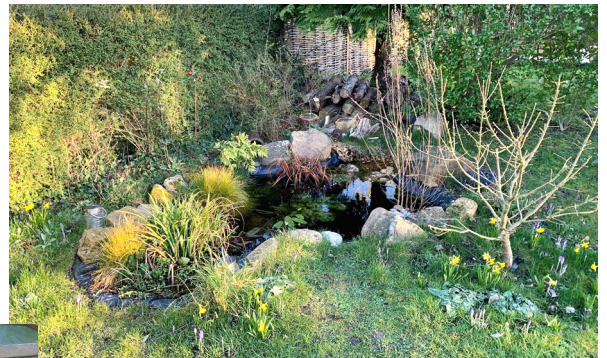


## WILD ABOUT MOULSFORD [@MoulsfordWild](#) - Jo Baker

Wild About Moulsford is back, now on Twitter (appropriately enough, given all the bird song at the moment), to share spottings and jottings about nature around our village. Seen your first swallow? Heard your first cuckoo? First tadpoles wiggling in your pond? Tried growing something new? Something nesting in your garden? Mystery plants or bugs or birds? Share your sightings and photos through the seasons and let's discover together what else calls Moulsford home.

Not on Twitter? You can email records and photos to Jo Baker at [terrordroma@hotmail.com](mailto:terrordroma@hotmail.com).

Here are some snippets so far:



## COVID-19 DIARY - Sarah Elvy

The Covid-19 outbreak has infected more than a million people worldwide, sadly taking the lives of 69,000 so far. This pandemic has no vaccine and has seen a quarter of the world's population in lockdown to restrict the spread of the virus, therefore keeping the number of infected people to a level where adequate care can be given and lives saved. It's truly a testing time to be living through.

In Moulsford, as with the rest of the UK, we are observing a lockdown with vulnerable people being asked to stay in their homes for up to 12 weeks. We have instigated a volunteer scheme to help those staying at home, we are observing social distancing and keeping our trips to buy essentials to a minimum. We are also participating in "Clap for carers" – indeed, trumpeting in Underhill - and there's lots of rainbow pictures popping up, to spread hope and maintain morale.

As befits such a moment in history, MPC are keeping a simple diary on the COVID-19 outbreak detailing major events and announcements worldwide in line with local responses to the pandemic and anecdotes from our community to record the experience of Moulsford. We hope this will be useful for our future emergency planning and to provide some insight into what it was like to live through this strange time.

Keep safe.



## LOCAL SERVICES

At time of writing the following local services are in operation:

Category	Business Name	Location	Delivery Available	Details
Drink	Le Clos Bar À Vin	Wallingford	Yes	01491 598151 <a href="https://leclos.uk/">https://leclos.uk/</a>
Food	Savages	Blewbury	Yes	Fruit and veg boxes available to collect and delivery to the vulnerable. 01235 850352 <a href="mailto:shop@savagesblewbury.co.uk">shop@savagesblewbury.co.uk</a>
Food	R G Park Butchers	Cholsey	Yes	Delivery available for the vulnerable 01491 651300
Food	Blue Tin Farm Shop	Ipsden	Yes	Local farm shop produce available for delivery or collection. <a href="mailto:info@bluetinproduce.co.uk">info@bluetinproduce.co.uk</a>
Food	Aurosó Chocolate	Moulsford	Yes	<a href="https://www.facebook.com/aurosochocolate-110405820524447/">https://www.facebook.com/aurosochocolate-110405820524447/</a>
Food	Oxford Cheese Company	Oxford	Yes	01865 721420 <a href="https://www.oxfordcheese.co.uk/">https://www.oxfordcheese.co.uk/</a>
Garden	Purely Plants Nursery aka Busy Baskets	Wallingford	Yes	01491 833831 <a href="mailto:andy@purelyplants.co.uk">andy@purelyplants.co.uk</a> <a href="http://www.busbaskets.co.uk/">http://www.busbaskets.co.uk/</a>
Greetings Cards	Cards from Jan	Wallingford	Yes	A brochure and products can be delivered
Home/ Garden	Goring Hardware	Goring	No	Click and Collect - arrange via <a href="mailto:tanya@goringhardware.com">tanya@goringhardware.com</a> Or pop into the shop - social distancing measures in place. Opening hours Mon-Sat 9-5, Sun 9-1
Takeaway food	Café Delorme/Cholsey Café	Cholsey	Yes	Text: 07591 440028 <a href="https://www.facebook.com/cholseycafe/">https://www.facebook.com/cholseycafe/</a>
Takeaway food	Masooms Tandoori	Goring	No	<a href="https://www.masooms.co.uk/#/home">https://www.masooms.co.uk/#/home</a>
Takeaway food	Riverside Fish and Chips	Goring	No	Order by phone - 07379 879831
Takeaway food	Sophie Lou's Kitchen	Moulsford	Yes	Homemade family meals for the freezer or straight to the oven.
Takeaway food	Pizza Café	Wallingford	Yes	<a href="http://thepizzacafewallingford.co.uk/pizza/">http://thepizzacafewallingford.co.uk/pizza/</a>
Takeaway food	Domino's Pizza	Wallingford	Yes	<a href="https://www.dominos.co.uk/Wallingford">https://www.dominos.co.uk/Wallingford</a>
Various	The Big Small Shop	Wallingford	Yes	An assortment of items available including food from local businesses. <a href="https://thebigsmallshop.co.uk/">https://thebigsmallshop.co.uk/</a>